

Dojiva - Policies, booking and payment details

Please read, then sign your name below to show that you have read these terms

- Some mats and cushions are available, but it will be best to bring your own thick mat and small head cushion for relaxation.
- For all classes, it is advised to bring a bottle of water.
- Dojiva Fitness & Flow classes are 60 minutes with a 15 minute break between.
- Please arrive 5 minutes early for your class. This way, we can start on time and the room won't be disturbed with late comers. If you do run late, this is ok, but please enter silently.
- If early, please wait in your car. The studio will be ready 5 minutes before class begins.
- The car park at St. Francis church hall is limited to 8 cars. If full, we can use Three Stiles Road as an overflow. Just be mindful of residential drive-ways. If there is a class running before yours, best not arrive too early otherwise you won't be able to get in!
- Mobile phones to be on silent and not on vibrate. If it does go *ping*, please don't let it *ping* twice!
- Classes run as calendar month courses with the option to take one-off classes.
- All classes to be pre-booked, so please don't just show up on the off chance.
- When on a calendar month course, your place is automatically reserved for the next month. However, if you are planning to continue with the same monthly course, your space is only confirmed when full payment is received.
- One class per week is priced at £12 and two or more classes per week at £9. These prices only apply when committing to a calendar month course and paying before the course begins. (Prices come into effect from July 2019).
- If you can't commit to the same day each week, but can make 4 classes in a month, each class costs £13 but all four classes need to be organised by the month start and are subject to availability (those on the same course day have priority).
- If you are just looking to take a class now and then, pre-payment of £14 is required. We can respond to a text up to two hours before and will let you know within the hour if there is a space for you. No emails or calls for last minute bookings as these are more difficult to respond to.
- Once on a course, there will be no class changes during the month. If at the last minute you can't make a class then you can send someone in your place and charge them as much as you like! If new, they will need to arrive 10 minutes early to fill out our health questionnaire. Please drop us a quick message if you are sending a friend/family member.
- If you want to add a class, please let Danny know and we can add the cost to the next month.
- Please note, all missed classes due to sickness, work/family commitments, car trouble, traffic, sick pets or simply a better offer are forfeited.
- Before a course begins, you can inform Danny if you know that you will be away and you simply don't pay for that class. One class can be omitted for those taking a one class per week and two classes can be omitted if taking two classes per week. All of this needs to be in writing and organised before the month begins.
- So, to repeat, there are no mid month changes or class swaps.
- When on a course, fees are due on or before the last day of the previous month. e.g. Payment due by August 31st for a September course.
- If new to us and you join mid-month, please give Danny your dates and he will advise you of costs.
- If you refer a friend and they join a monthly course, you get a free class. Unlimited offer!
- If unwell or you have a new injury/medical condition since your last lesson, please tell Danny at the start of the class.
- Please fill out the medical history form and read our health and safety advice sheet. You can email Danny for copies, or collect at the studio.

Please contact Danny with any questions and bookings are best via email to:

danny@dannybridgeman.com or via text to: 07712 778045

Dojiva bank details - Sort code: 30 93 20 - Account Number: 00014528

Cheques payable to: DOJIVA - Card machine available

I have read and am happy with the above:

Name:

Signature: